

New Zealand Communities Growth Trust (NZCGT)

Therapeutic and Counselling/ Budgeting Application Form (individual)

Any information you provide to Public Trust will be treated as private & confidential, & managed in accordance with the provisions of the Privacy Act 2020

What is the purpose of the Trust?

The Trust is dedicated to supporting individuals who have experienced harm or disadvantage as a result of involvement with religious cults or spiritual communities - particularly former Centrepoint residents & their children. In addition to this core focus, the Trust also provides assistance to organisations whose work aligns with the trust mission. It also offers scholarships to these individuals, helping them pursue opportunities for growth & development.

Am I eligible for the Therapeutic & Counselling / Budgeting funding criteria?

- > Past residents of Centrepoint & their children.
- > People disadvantaged by a system of religious worship or spiritual cult / community.

What funding is available?

- > Funding is available for up to two sessions per month, or a total of 24 sessions within a 12-month period (from 1 July to 30 June annually)
- > Sessions must be with a registered Therapeutic or Counselling provider or Budgeting provider.
- > The trust can only consider a maximum cost per session of \$150 (incl GST).

Each application can be approved for a maximum of six sessions at a time. If more sessions are needed, applicants are encouraged to submit a new application once they have attended session 4 onwards, to help ensure continuity of care. Invoices are paid directly to the provider.

For first time applicants to this trust, we kindly ask that you provide a cover email with your application with a brief background outlining how you have experienced disadvantage within the referred religious cult or spiritual community. Please only share information that you feel comfortable providing. This background is requested for initial applications only and is not required for future applications. This information will be held securely & confidentially.

What support can I obtain?

Counselling or therapeutic services providers must be registered with an appropriate professional body. The provider must comply with protocols and monitoring approved by such professional bodies who generally are:

- A. <https://nzac.in1touch.org/>
<https://nzcca.org.nz/find-a-counsellor/>
<https://psychologistsboard.org.nz/>
<https://www.talkingworks.co.nz/listing-category/counsellors/>
<https://dapaanz.org.nz/>
<https://www.pbantz.org.nz/>
<https://nzap.org.nz/nzap-register/register-search-results/>

- B. For overseas applicants, a similar affiliated association as those mentioned above.

Each application is assessed individually, and funding decisions are made at the Trustee's discretion. In some cases, support may be offered for alternative services, including sessions with budgeting advisers.

How can I apply?

Complete Page 2 & 3 of this Form. If you have any trouble completing the form or have any other queries, please contact us by phone on **0800 371 471** or email us at nzcgt@publictrust.co.nz

- > All applications must be completed in full, signed & dated
- > Applications received after the closing date will be considered in the following fortnightly review.
- > We aim to assess all applications within 5-10 working days following the closing date. You'll receive an outcome via email once the review is complete.

For first time applicants, please include a brief explanation in your cover email about how you have experienced disadvantage or harm within a religious cult or spiritual community.

Incomplete applications or modified applications will not be considered. Fresh applications can be accessed from the therapeutic and counselling page found at publictrust.co.nz/grants.

Please note that in December, applications will only be considered after the 15th of the month due to our Christmas break.

Applicant details

First name(s):

Surname:

Known by other names:

Marital status:

Date of birth:

Occupation:

Address:

Phone/cell:

Email address:

Brief description of your background

I was a resident of Centrepoint during the period of _____ to _____

My parent(s) were resident(s) of Centrepoint during the period of _____ to _____

I was a resident of _____ cult/ community during the period of _____ to _____

Has there been a recent event that means you require more than two sessions per month in the short term? Please provide a brief outline in your cover email of the event that has occurred. Please only share information that you feel comfortable providing. Yes No

Please note that, in the event of approval of more than two sessions per month, the Trust will still only be able to support a total of 24 sessions in a 12-month period from 1 July to 30 June.

This is my (tick the most suitable option below)

First application for assistance

Application for additional sessions

Services required (tick the most suitable option/s below)

Marriage and family counselling/therapy

Guidance and career counselling/therapy

Rehabilitation counselling/therapy

Mental health counselling/therapy

Substance abuse counselling/therapy

Educational, counselling/therapy

Budgeting assistance

Details of provider

Provider full name:

Name of practice working at:

Address of provider:

Number of sessions (max 6):

Cost per session (max \$150):

The Trust can only consider a maximum cost per session of \$150 incl GST)

I understand that Public Trust may ask for more information about my application, if needed.

Applications are to be submitted by email to nzcgt@publictrust.co.nz

As part of our audit & compliance obligations, we are now required to hold a valid form of identification on file for all clients. We kindly ask that you provide a colour scanned copy or a clear photo of your valid ID with your application, if you have not provided that to us previously. If you are providing your Driver Licence, please ensure that both sides are included. If you do not hold a Driver Licence, a colour scanned copy or photo of your Birth Certificate will be acceptable.

I confirm I have previously provided a copy of my valid ID, or

I enclose a copy of my valid ID, or

I provide an updated version of my valid ID

Signature of applicant:

Or name here:

Date / /

(Signature in digital form is acceptable as verification of the applicant's intent to sign the application.)

Applications will be considered and assessed against this application form as per the information provided, and if required the Trustee may request further information such as:

- > First time applicants will need to please include a brief explanation in your cover email about how you have experienced disadvantage or harm within a religious cult or spiritual community.
- > Are there other requirements such as psychological or substance abuse rehabilitation
- > Information on alternative therapeutic or counselling funding sources tried prior (e.g. government agencies, Women's or Men's Centres, other agencies, community support, and if that funding can be continued).
- > If more than two sessions a month are required applicants will be requested to provide an outline of any unexpected event that led to the need for more regular counselling.
- > All first time applicants are required to have previously made enquiries for low-cost or free counselling options before applying to this trust & to notify us of those options that have been tried. See list below:
 - Family Services Directory or Citizen Advice Bureau (CAB) - for local counselling services.
 - GP or health practitioner - can refer to low-cost services & help for a WINZ disability allowance (may include up to 10 free sessions).
 - Employee Assistance Programme (EAP) - if employed, check with your employer for access to free confidential counselling
 - Tertiary Institutions - universities, Te Wānanga o Aotearoa offer free counselling services.
 - Local Women's or Men's Centres - may provide or refer to low-cost counselling.
 - Youth Centres - often have health hubs with counselling services.
 - ACC Support - available for survivors of sexual violence in NZ. Visit the ACC Find Support website to find an ACC-registered provider.

