



New Zealand Communities Growth Trust (NZCGT)

Therapeutic and Counselling/ Budgeting Application Form (individual)

Any information that Public Trust collects from you is private and confidential to Public Trust and will be handled in accordance with the Privacy Act 2020.

What is the purpose of the Trust?

The Trust supports individuals disadvantaged by cults or communities, in particular past residents of Centrepont and their children. The Trust also assists organisations that provide services that meet the purposes of the Trust as well as providing Education Scholarships to individuals.

<https://www.publictrust.co.nz/grants/new-zealand-communities-growth-trust-n-z-c-g-t/rust>

Am I eligible for Therapeutic & Counselling funding?

One of the ways the Trust helps is by funding sessions with qualified counselling and therapy providers or budgeting for individuals disadvantaged. Check if you meet the Criteria below.

What are the criteria?

- ✓ Past residents of Centrepont & their children.
- ✓ People disadvantaged by cults/communities.

What funding is available?

- ✓ Up to two sessions per month, or
- ✓ 24 sessions over a 12-month period from 1 July-30 June

Maximum funding of \$150 per session.

A maximum of six sessions can be approved per application. Applicants must fill in a fresh application form for additional sessions (if needed) after their approved sessions have been used. Invoices are paid direct to the service provider.

How can I apply?

Complete Page 2 & 3 of this Form. If you have any trouble completing the form or have any other queries, please contact us by phone on 0800 371 471 or email us at nzcggt@publictrust.co.nz

What support can I obtain?

Counselling or therapeutic services providers must be registered with an appropriate professional body. The provider must comply with protocols and monitoring approved by such professional bodies who generally are:

- A. ACC approved (<https://www.findsupport.co.nz>) or a member, applicant or provisional member of any of
 - i. NZ Association of Psychotherapists (<https://www.pbantz.org.nz>)
 - ii. NZ Association of Counsellors (<https://www.nzac.org.nz>)
 - iii. NZ Christian Counsellors Association (<https://nzcca.org.nz>)
 - iv. Drug and Alcohol Practitioners' Association of Aotearoa-NZ (<https://dapaanz.org.nz>) only registered competent practitioners and associate practitioners, or
- B. Current practicing Psychologist who is registered with the NZ Psychologists Board (<https://psychologistsboard.org.nz>) and is registered with either NZ College of Clinical Psychologists or NZ Psychological Society, or
- C. For overseas applicants, a similar affiliated association as these mentioned above.

Each application is considered on its merits, and allocation of funding is at the discretion of the Trustee. In some circumstances, consideration may be given to alternative services.

The trust can also assist by funding sessions with budget advisors.



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- ✓ The application form must be completed in full, signed and dated.
- ✓ Incomplete applications or modified applications will not be considered.
- ✓ Applications must be submitted by email by 5pm on the closing date (15th and 30th monthly).
- ✓ Any application received after the closing date will be considered in the next round.
- ✓ Outcome emails will be sent to each applicant within 5-10 working days after the closing date to enable applications to be assessed.
- ✓ Please note that, in December, applications will only be considered soon after the 15th of the month.
- ✓ First time applicants will need to explain by cover email how they been disadvantaged by a cult or spiritual community

Fresh application forms and more information can be found: <https://www.publictrust.co.nz/grants/therapeutic-and-counselling-and-relief-of-poverty>

Applicant details

First name(s):		Surname:	
Known by other names:		Marital status:	
Date of birth:		Occupation:	
Address:			
Phone/cell		Email address:	

Brief description of your background

I was a resident of Centrepont during the period of _____ to _____

My parent(s) were resident(s) of Centrepont during the period of _____ to _____

I was a resident of _____ cult/ community during the period of _____ to _____

Has there been a recent event that means you require more than two sessions per month in the short term?

Yes / No

Please note that, in the event of approval of more than two sessions per month, the Trust will still only be able to support a total of 24 sessions in a 12-month period from 1 July to 30 June.

This is my (tick the most suitable option below)

- ☐ First application for assistance
- ☐ Application for additional sessions

Services required (tick the most suitable option/s below)

- ☐ Marriage and family counselling/therapy
- ☐ Guidance and career counselling/therapy
- ☐ Rehabilitation counselling/therapy
- ☐ Mental health counselling/therapy
- ☐ Substance abuse counselling/therapy
- ☐ Educational, counselling/therapy
- ☐ Budgeting assistance

Details of provider

Provider full name:	
Name of practice working at:	
Address of provider:	
Number of sessions (max 6):	
Cost per session (max \$150):	

I understand that Public Trust may ask for more information about my application, if needed.

Applications are to be submitted by email to nzcgt@publictrust.co.nz

Signature of applicant _____ Date ____/____/____

(Signature in digital form is acceptable as verification of the applicant's intent to sign the application.)

Applications will be considered and assessed against this application form as per the information provided, and if required the Trustee may request further information such as:

- First time applicants will need to explain by cover email how they been disadvantaged by a cult or spiritual community
- Are there other requirements such as psychological or substance abuse rehabilitation
- Are there alternative avenues for funding (agency/family/assets)
- What other options have been tried. Including family/church/other agency/ community support.
- Was there an unexpected event that caused a need for the counselling
- What other options have been tried. Including family/church/other agency/ community support? see list below:
 - To find low cost or free counselling in your area search the Family Services Directory or contact your local Citizen Advice Bureau (CAB)
 - Your GP or health practitioner can link you to local low-cost services. They can also support you to apply for a WINZ disability allowance that may include access to up to 10 free counselling sessions or to additional funding, if recommended.
 - If you are in paid employment, you may have access to free confidential counselling through your company's employee assistance programme (EAP) provider – talk to your employer.
 - Most tertiary institutes (e.g., universities, Te Wānanga o Aotearoa) offer free counselling services.
 - Local Women's or Men's Centres may have details of local low-cost counselling practices or offer low-cost counselling themselves.
 - Local youth centres often have health hubs that offer counselling services.
 - ACC funds support following sexual violence if it occurred in New Zealand. Visit the Find Support website to find an ACC-registered.